

1. LABEL

1. MIDWINTER

2. IMBOLC

3. SPRING EQUINOX

4. BEALLTAINN

2. THEMES

1. **MIDWINTER** : unseen, dark, wild, still, quiet
2. **IMBOLC** : tender, potential, imagination, grief
3. **SPRING EQUINOX** : balance, rootedness, grounding, intention
4. **BEALLTAINN** : rising energy, illumination, paradox, union

3. FORMS

- 1. MIDWINTER** : unstructured, no defined centre
- 2. IMBOLC** : fluid, relating to centre
- 3. SPRING EQUINOX** : straight lines, more defined centre
- 4. BEALLTAINN** : geometric, pattern, detail, defined centre

4. LIFECYCLE STAGE

- 1. MIDWINTER : INCUBATION**
- 2. IMBOLC : GERMINATION**
- 3. SPRING EQUINOX : ROOTING**
- 4. BEALLTAINN : SPROUTING**

5. PERSONAL MEANING

Look at your mandalas for each stage - what one word teaching do they have for you?

Write your word in the centre space for each segment/module.

6. MODULES 5-8

5. MIDSUMMER : FLOWERING

6. LÙNASTAL : RIPENING

7. AUTUMN EQUINOX : MATURATION

8. SAMHUINN : SEPARATION

7. MIDSUMMER

5. MIDSUMMER : THEMES

Acceptance, justice, all-seeing, exposure

5. MIDSUMMER : FORMS

Spiralling, pattern, repeating, complex